



*39 years of service in
Linn and Benton Counties*

Center Against Rape and Domestic Violence

Winter 2020

CARDV's Mission is two-fold:

- To provide services and support to those affected by sexual and domestic violence, and
- To provide education and leadership within the community to change the societal conditions that cultivate these forms of violence.



*"I am so happy that my
kids and I didn't go
through this alone.
Thank you!"*

-Janette

Janette's Empowerment Story

When Janette* connected with CARDV, she had been experiencing violence at home for several years, and though she had tried leaving her abuser before, she'd been pressured into returning to the home due to a lack of support from friends and family. She had begun to think she'd never get out when a coworker mentioned that CARDV might be able to help. With her coworker's encouragement, Janette called CARDV's 24-hr Crisis and Support Line and entered CARDV's Emergency Shelter Program with her two children. While in shelter, CARDV advocates helped Janette focus on her goals to enroll her children in a new school, find permanent housing, and obtain steady employment. After a short time, the family was able to move into their own apartment together and continues to live safely.

To help us meet survivors' needs, please consider making a donation today. Complete and return the enclosed envelope or donate online now at cardv.org/donate

Thank you for making safety possible for survivors and their children!

*Name has been changed and photo is a reenactment to protect confidentiality

Teen Dating Awareness Month -February-

In 2010, Congress declared February national Teen Dating Violence Awareness Month. Current studies show that **1 in 3 teens** experience teen dating violence.

Together we can create real change in our community this Teen Dating Violence Awareness Month by:

- Listening to and honoring youth voices
- Continuing to talk about teen dating violence in order to raise awareness and educate others

Education. Awareness. Change.

Want to learn more? For more information about CARDV's Community Education program or to request a presentation, visit cardv.org/community-ed



Sexual Assault Awareness Month -April-



We can all help prevent sexual assault by :

- Asking for consent and respecting the answer
- Challenging jokes that demean others
- Participating in Denim Day on 04/29 to raise awareness about sexual assault myths

Overall, the most impactful thing you can do is to believe survivors if they share their story with you.

"When my daughter told me she'd been assaulted, I had no idea what to do or say, so I called CARDV to ask how I could be there for my daughter. A few years later, my daughter told me that my support saved her life. I'm so happy I called."

-Mother of a survivor



*Photo is a reenactment

If you or someone you care about is in need of support or services, please call CARDV's 24-hr Crisis and Support Line at (541) 754-0110.

Agency Update - Letetia Wilson, Executive Director



As mentioned in Janette's story, leaving an abusive relationship can be challenging for many reasons. Some of those reasons include lack of support from friends and family, limited funds to separate or relocate, and societal pressure to make the relationship work or to keep the family together. Here at CARDV, we help survivors navigate these barriers everyday. Our advocates work with survivors to talk about each person's individual circumstances, make plans for staying safe, and discuss options if the survivor is planning to relocate. This year, CARDV was fortunate enough to receive grant funds to help survivors relocate to safety and to stabilize their housing. Both of these funding sources will allow CARDV to help survivors in a way that we have not been able to do before. Additionally, having resources to support survivors means we can spend more time focusing on safety and healing after their financial needs are met.

If you want to help a family obtain stable housing or assist with relocation expenses, please consider becoming a monthly donor, as referenced on page 3. Thank you for helping create a safer community.

Comments can be sent to Letetia Wilson at letetia.wilson@cardv.org or (541) 758-0219, ext. 304.

CARDV's Holiday Gift Program

"We lost all of our belongings and our home due to domestic violence, and we had been staying in shelter for awhile. I never expected to be able to give my children anything this year. I am so thankful there are places like CARDV to help families like mine. I'll never forget the feeling of watching my kids open their gifts. Thank you!!"

—Annie*, Holiday Gift Program participant

Thanks to community support this past holiday season, families like Annie's received gifts from CARDV's holiday program.

This year, more than 30 families benefited from this program!

*Name changed to protect confidentiality

Thank you to the local businesses who hosted drop off sites for gifts:

Albany Sport and Spine, Michelle Morford's Office—Country Financial, AmeriTite, Citizen's Bank, MBVA Building, Softstar Shoes, Timberhill Dental, Umpqua Bank, Hair Body & Sole, and Ronin Café and Ramen! A special thank you to the Rotary Club of Greater Corvallis for their yearly support of this program as well.



Rotary Club of Greater Corvallis

-THANK YOU-

CARDV'S Annual Spaghetti Dinner is retiring!

Thank you to all of the supporters, volunteers, participants, and community partners who have made this event such a success over the years. CARDV is grateful for all you have done to support survivors through this event. Stay tuned for the new and exciting fundraising events in CARDV's future!

Interested in volunteering for or hosting a CARDV fundraiser? Contact Ireland DeRosa at Ireland.derosia@cardv.org.



Block 15 People's Pint

April is Sexual Assault Awareness Month, and all month long, CARDV will be the featured non-profit for Block 15's People's Pint!



BREWING COMPANY

For every People's Pint purchased at either Block 15 location, CARDV will receive a portion of the proceeds.

Look for the People's Pint logo to see which pint to order!



CARDV'S 18TH ANNUAL RUN/WALK

SAT. MAY 9TH
OSU CAMPUS

\$35 FOR ADULTS & \$10 FOR KIDS

REGISTER BY 4/23 TO
RECEIVE A FREE T-SHIRT!

RECEIVE A \$5 OFF COUPON CODE FOR THE CORVALLIS HALF MARATHON'S 5K WHEN YOU REGISTER FOR CARDV'S RUN/WALK!

www.cardv.org/runwalk

Advocate for Social Justice Award

We're proud to announce Grant Schadeberg as the 2019 *Mary Zelinka Advocate for Social Justice* awardee. This is the highest honor CARDV bestows, and it's given to a community member who goes above and beyond in their professional field to serve survivors of sexual and domestic violence. Not only is Grant a member of CARDV's Men's Coalition to End Violence (MCEV), but he also assists survivors and CARDV staff in his work with the Department of Human Services (DHS) and was appointed to the Domestic Violence Point Person position for Benton County where he works tirelessly to support survivors! **Thank you, Grant!**



Grant Schadeberg and Mary Zelinka



We need your help ensuring our ability to consistently provide life-saving services for survivors and their children!

Will you please join CARDV's Community for Safety sustainable monthly donor program?

When you join the Community for Safety, CARDV is able to plan ahead and provide consistent services to meet the needs of survivors and families in Linn and Benton counties.

How to join CARDV's Community for Safety:

[Online]

1. Go to cardv.org/donate
2. Select the monthly amount
3. Enter donation method
4. Click Donation button

[By mail]

1. Complete the enclosed donation envelope
2. Select monthly donation option
3. Enter donation method
4. Mail in donation envelope

For more information, please contact info@cardv.org or (541) 758-0219.

Center Against Rape and Domestic Violence



Crisis & Support Line:
(541) 754-0110

www.cardv.org

Administrative Office:
PO Box 914,
Corvallis, Oregon
(541) 758-0219

Advocacy Center:
2208 SW 3rd St.
Corvallis, Oregon
(541) 738-8319

Board of Directors

Kate Caldwell
Board Chair
John Marchel
Incoming Chair
Mary Bentley
Past Chair
Kathy Feser
Secretary
Rebecca Camden
Treasurer
Lisa Chiles
Dani Davis
Amanda Grolemund
Elizabeth Huddleston
Jim Luebke
Cari Maes
Farzana Molvi
Rachel Petersen
James Schupp

Follow us:



@cardv



@cardv_org

Center Against Rape and Domestic Violence

P.O. Box 914
Corvallis OR 97339

Address Service Requested

Save the Date:

January –March

First Alternative Co-op Beans for Bags

February

Teen Dating Violence Awareness Month

February 6th & 8th

Dream Dinners Benefits

March 22nd

Panda Express Albany Benefit

April

Sexual Assault Awareness Month +
People's Pint at Block 15

April 23rd

Last day to receive a free t-shirt with
Run/Walk registration

April 29th

Paint and Wine Fundraiser

May 9th

18th Annual Run/Walk

Most Needed Items:

- Paper towels
- Toilet paper
- 13 gallon trash bags
- Reusable grocery bags
- Heavy duty trash bags
- Reading glasses
- Sewing kits
- Disposable, microwavable bowls
- Disposable forks and spoons
- Tracphones and prepaid minute cards
- \$10 gift cards to Safeway and Fred Meyer
- Corvallis and Albany transit bus tickets for adults and children
- Twin-sized sheet sets
- Twin-sized blankets
- Standard-sized bath towels
- Forever stamps
- Umbrellas
- Adult coloring books and colored pencils

Support survivors by selecting CARDV as your
Facebook birthday fundraiser beneficiary!

