



CARDV News

Center Against Rape and Domestic Violence

40 years of service in Linn and Benton counties

May 2021 Issue

You Made an Impact for Survivors!



Thank you for participating in CARDV's 19th Annual Virtual Run/Walk on Friday, May 7th – Sunday, May 9th. **You made an impact!** We reached **235 participants** and raised enough money to feed, shelter, and support **our families**.

Special thanks to our amazing sponsors for making safety possible for survivors in our community!



May is AAPI Heritage Month & Mental Health Awareness Month



May is Asian American and Pacific Islander Heritage Month. According to the Asian Pacific Institute on Gender Based Violence (APIGBV), up to 55% of women of Asian descent in the U.S reported experiencing intimate partner violence during their lifetime. We know violence can happen to anyone. With the alarming rise of violence against Asian Americans, CARDV wants to reiterate our stand in solidarity with the AAPI community and against violence of all kinds. In an effort to keep our commitment to better serve a diverse community of survivors, CARDV has created a **Social Justice and Belonging Task Force** led by our Equity, Diversity & Inclusion (EDI) Coordinator. We are determined to be an EDI leader in this community and ensure that all survivors have access to safety and support.

For more information about our EDI initiatives, email maria.lenzi@cardv.org.



Throughout the pandemic, many people who had never experienced mental health challenges before found themselves struggling for the first time. During the month of May, CARDV's Wellness Center will focus on different topics that will help CARDV staff process the events of the past year.

Our Wellness Center offers confidential counseling, a lending library and self-care resources to all CARDV staff.

If you or someone you care about is a survivor in need of support, please call CARDV's 24-hr Crisis and Support Line at (541) 754-0110.

UPCOMING EVENTS

MAY

Conundrum House Partnership
(Month of May)

CARDV Burger Night (Corvallis Elks Lodge)
(Every Wednesday in May)

May 19 - Chipotle Fundraiser

May 20 - Dutch Bros Fundraiser

May 21 - Pollen Dine Out Fundraiser

[For more events, visit cardv.org/events](https://cardv.org/events)

You can help survivors!

Donate now

CARDV's Mission

- To provide services and support to those affected by sexual and domestic violence and,
- To provide education and leadership within the community to change the societal conditions that cultivate these forms of violence.

