



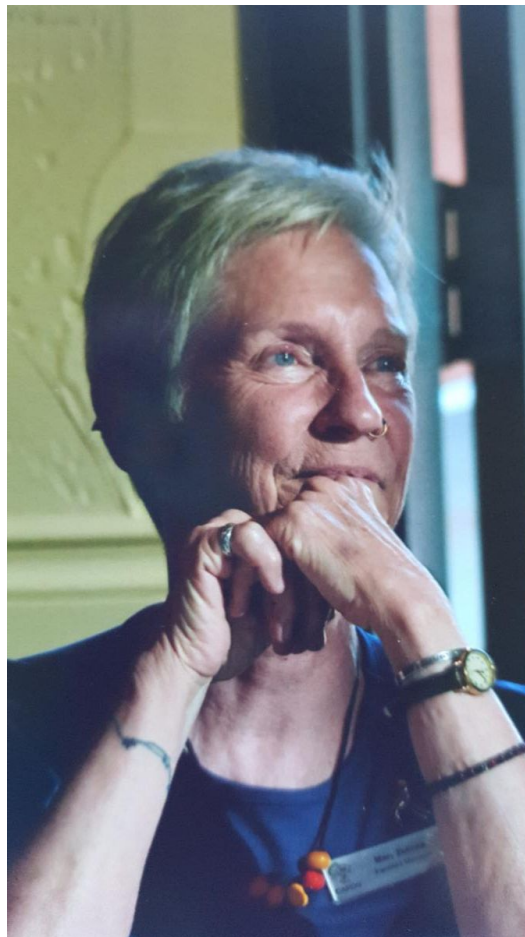
# CARDV News

Center Against Rape and Domestic Violence

*40 years of service in Linn and Benton counties*

July 2021 - The Anniversary Issue

## For the Long Haul



**Mary Zelinka** has been involved with CARDV since its inception 40 years ago. She is a valued member of the staff, serving for 31 years. In 1979, Mary started as a volunteer. With only one paid staff in the early days, volunteers kept CARDV ticking. They answered the Hotline, responded to crises, welcomed survivors into shelter, ran support groups, and performed the clerical tasks.

Mary recalls one particular instance from those early years that had a big impact on her. Working as a volunteer, her task for the day was to help a Shelter Resident furnish a new safe home for her

family. Even though Mary was still working through her own survival process, she was ready for the task at hand, daunting as it seemed.

Thanks to generous community support, CARDV received so much donated furniture, offsite storage had to be used to hold it all. That is where Mary and "Sara" met. Both were a little overwhelmed with the idea of relying only on each other to make this happen, Sara and her family needed a house full of furniture. With a van and a station wagon and determination, they did it. They filled both vehicles to the top, tied mattresses on the roofs and they made three trips to the new home in Salem.

*"What I noticed with each piece of furniture, was that Sara seemed to be getting 'bigger' and more self-confident. And, I realized that I did too,"* Mary recalled.

*"By the time we finished, it was like we had spent our whole lives moving furniture together, it was that incredible. Then, I realized that CARDV was in this for the long haul."*

Mary knew that the organization she loved was not just a crisis response team or shelter, and that is so critical to helping survivors. For many survivors it can take years, even a lifetime to regain what was stolen from them in those violent situations. She knew that CARDV was in it for the response and the shelter; she learned that the team was in it for the years to come. When survivors hit a snag, or are still processing and need support, Advocates would be available on the Hotline ready to help as long as is necessary. *"This is why I am still involved,"* she emphatically said.

**Ed. Note:** *We are so grateful that Mary is still involved too! Mary is CARDV's Facilities Manager.*

## CARDV is Turning 40!



CARDV is celebrating 40 years of service this year. We're celebrating with a special logo near and dear to us! "Onward" has become our unofficial rallying cry for our team, lending to our strength and commitment to keep moving forward despite any challenge. As CARDV celebrates 40 years of service, we also look ahead to the future with an emphasis on education and inclusivity to be better advocates for our diverse survivor community.

We want YOU to participate with us by tuning in to our social media for a week of entertaining and informative content from **July 31st to August 7th**. Share in our history as you connect with powerful stories from our past and engage in our passion for a future without violence. **Our week-long program** schedule will be posted to our [website](#) and [social media](#), so stay tuned for more.

## SAVE THE DATE

**Safe Families Benefit**  
Tuesday, October 5th at 7:30 a.m.

CARDV's Annual Fundraising event is returning live and in-person at the Alumni Center!

More details coming soon!

## UPCOMING EVENTS

### JULY

**CARDV 40th Virtual Celebration**

June 31 - August 7

### AUGUST

**CARDV History Hunt**

(Outdoor Scavenger Hunt)

Sunday, August 1

[For more events, visit cardv.org/events](https://cardv.org/events)

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Names have been changed to protect confidentiality.

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**You can help survivors!**

[Donate now](#)

#### CARDV's Mission

- To provide services and support to those affected by sexual and domestic violence and,
- To provide education and leadership within the community to change the societal conditions that cultivate these forms of violence.

Center Against Rape and Domestic Violence | P.O. Box 914, Corvallis, OR 97339 | [cardv.org](https://cardv.org)

